



Levels of Engagement

Level 7 - Problem Solving –
When *sharing feelings*, able to make sense of and solve emotional problems together through talking and/or imaginative play (by 36 to 48 months)



Level 6- Sharing Emotional Themes-
When *reading nonverbal cues*, able to share feelings with others through talking and/or imaginative play (by 24 to 36 months)

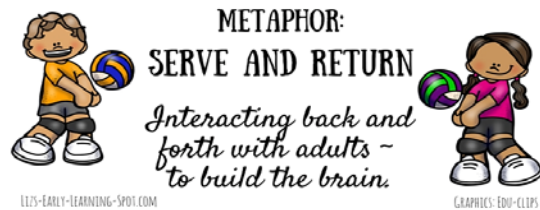


TOP DOWN

Level 5 - Reading Non-Verbal Cues -
When in a *flow together*, able to expand and to read non-verbal (emotional & gestural) cues (by 13 to 18 months)



Level 4 - Serve and Return Communication-
When *sharing joy*, able to create a continuous back and forth flow of communication, often referred to as “circles of communication” (by 9 months)



Level 3- Sharing Joy-
When making *comforting contact*, able to share joy and to fall in love (by 5 months)



Level 2- Comforting Contact-
When *calm*, able to make visual contact (eye contact/look at faces), auditory contact (vocalize or sing together), tactile contact (hug/cuddle together), movement contact (rocking, swaying together), gustatory contact (tasting, eating together) or olfactory contact (smelling together) that you both find **comforting & connecting** (by 3 months)



Level 1 - Getting Calm (Green Zone) Together
(by 3 months)

